



Amateur Athletic Association RUN



ENGLISH ROAD RUNNING ASSOCIATION

September 2007

Dear Secretary/Team Manager

Please find enclosed an entry form for the **English Road Running Association NIKE Senior Women's 4 Stage National Road Relay Championships** to be held at Sutton Park, Sutton Coldfield, Birmingham on Saturday, 20 October 2007 – **START TIME 12 noon.**

If you are not the person responsible for your Club entries, could you please ensure that this letter and entry form is forwarded to the appropriate person.

This event is being held on the same day as the Men's 6 Stage, which starts at 1.30 pm.

Please note you may enter a maximum of three teams per club

We look forward to receiving your Clubs entry and hope you have an enjoyable day.

Please note the closing date for entries is Monday 8 October 2007.

Yours sincerely

Norman Wilson

Norman Wilson
Championship Secretary
English Road Running Association
Mobile : 07702 667244



Amateur Athletic Association RUN



ENGLISH ROAD RUNNING ASSOCIATION

**NIKE Senior Women's 4 Stage (4 x 4.314km)
National Road Relay Championships
SATURDAY 20 OCTOBER 2007 – 1200 noon – SUTTON PARK**

CLOSING DATE Monday 8 October 2007

OPEN RELAY RACE: Clubs are not allowed to enter more than **THREE TIMES** the number entitled to compete. A Club entering more than one team in a race shall be allowed to select their teams from the Club entry for that event. Teams must be declared before the start of the race.

CLUB:
Secretary/Team Manager: Tel:
Address: Club Colours:
.....E:mail.....
Date:

Please enter ____ Teams Entrance Fee £ ____ enclosed. Entry Fee £26 per team

I hereby agree that all the entrants are eligible to compete according to the laws of UK Athletics. They are also eligible to represent the Club under the Rules governing Team and Relay Races, and that the following particulars are complete and correct.

Signed: Hon Secretary/Team Manager _____ Date _____

Please make cheques payable to `English Road Running Association` and send with a correctly stamped addressed envelope to:
The ERRA Championship Secretary, Midland Counties Athletic Association, Alexander Stadium, Walsall Road, Perry Barr, Birmingham B42 2LR. Tel: 0121 344 4201

RULE 5 – FIRST CLAIM STATUS – ALL RULES APPLY
FOREIGN ATHLETES JUNIOR/SENIOR MEN & WOMEN. Please note, notwithstanding the above, athletes may NOT compete under these rules until they have been registered with UK Athletics, and have been resident in the UK for a minimum of two months prior to the date of competition.

RULE 207 (iv) (v) Junior Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events.

RULE 216(6) WILL APPLY

CLOTHING: All team runners **MUST** wear the same design of registered Club vest and colours, unless the Referee has given permission for a change to be made.
Any advertising or sponsorship on clothing must comply with UK Athletics Rule 16.

**ENGLISH ROAD RUNNING ASSOCIATION
NATIONAL ROAD RELAY CHAMPIONSHIP
COMPETITORS ENTRY SHEET**

Club: **Senior Women**

	Name of Competitor Please PRINT CLEARLY and put in Alphabetical order	Date of Birth	Date of Election to Club
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
26			
27			
28			
29			
30			
31			
32			
33			
34			
35			
36			

RULE 207 (iv) (v) Junior Women who are aged 17, 18 or 19 on 31 August prior to the commencement of the competition year as defined above may take part in Road Relay competitions and compete in Senior events