

**The AAA Tom Pink Relays**  
**Alexander Stadium, Birmingham**  
**Sunday 15<sup>th</sup> July 2007**

The first in the series of these AAA children's Relays held on Sunday in Birmingham was a huge success with all the children turning up in spite of the appalling weather to give a colourful and exciting display.

The format of the relays proved interesting and popular with both spectators and participants and at the end of the programme many asked when they can do the races again.

**Results**

**Keeping Up with Paula**

**Under 11's Mixed 2000 metre Continuous Relay**

**Target Time            5m37.7 secs**

1 <sup>st</sup>	Rugby & Northampton	5m29.8 secs
2 <sup>nd</sup>	Stratford on Avon	5m36.1 secs
3 <sup>rd</sup>	Birchfield	5m39.7 secs
4 <sup>th</sup>	Tamworth	5m46.0 secs

A continuous 2000 metre relay for mixed teams of girls and boys aged 9 and 10 years, challenging them to keep up with the pace set by Paula Radcliffe when she set the Commonwealth 3000m record in Manchester.

This is a stiff challenge for the teams and demonstrates to the children just how fast Paula was running.

Only three teams so far have beaten the time and the best performance to date is 5 min. 23.3 secs.

**Chasing Kelly**

**Under 13 Girls 1500 metre Continuous Relay**

**Target Time            3m57.9 secs**

1 <sup>st</sup>	Tamworth	3m45.5 secs
2 <sup>nd</sup>	Rugby & Northampton	3m47.7 secs
3 <sup>rd</sup>	Birchfield	3m52.1 secs
4 <sup>th</sup>	Stratford on Avon	4m00.2 secs

This is a challenge for teams of 5 girls in the under 13 age group running in a continuous relay to see if they can beat the times of Dame Kelly Holmes when setting the British Records at 800 metres and 1500 metres.

**Chasing Seb Coe's 800 metre and Steve Cram's 1500 metre records**

**Under 13 Boys 1500 metre Continuous Relay**

**Target Time            800m – 1m41.73 secs & 1500m – 3m29.67secs**

1 <sup>st</sup>	Birchfield	3m39.1 secs
2 <sup>nd</sup>	Rugby & Northampton	3m43.9 secs
3 <sup>rd</sup>	Stratford on Avon	3m50.6 secs
4 <sup>th</sup>	Tamworth	3m55.8 secs

This is a challenge for teams of 5 boys in the under 13 age group running in a continuous relay to see if they can beat the British Records set by Seb Coe for the 800 metres and Steve Cram at the 1500 metres.